

## COUNTY OF LOS ANGELES

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## DEPARTMENT OF MENTAL HEALTH

<http://dmh.lacounty.gov>

550 SOUTH VERMONT AVENUE, LOS ANGELES, CALIFORNIA 90020

Reply To: (213) 738-4601  
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August 07, 2012

The Honorable Board of Supervisors  
County of Los Angeles  
383 Kenneth Hahn Hall of Administration  
500 West Temple Street  
Los Angeles, California 90012

Dear Supervisors:

**APPROVE EXPENDITURES FOR THE  
AMERICAN INDIAN/ALASKA NATIVE MENTAL HEALTH CONFERENCE:  
WEAVING WELLNESS INTO OUR SPIRITS  
(ALL SUPERVISORIAL DISTRICTS)  
(3 VOTES)**

### **SUBJECT**

Request approval to expend funds to host and conduct the American Indian/Alaska Native Mental Health Conference: Weaving Wellness into Our Spirits, to be held on November 6, 2012, at The California Endowment Center, and similar conferences for the next two fiscal years.

### **IT IS RECOMMENDED THAT YOUR BOARD:**

1. Authorize Department of Mental Health (DMH) to expend funds to host and conduct the American Indian/Alaska Native (AI/ANs) Mental Health Conference: Weaving Wellness Into Our Spirits to be held on November 6, 2012, at an estimated cost of \$23,000.
2. Authorize the Director of Mental Health (Director), or his designee, to execute an Agreement with The California Endowment Center for space and catering services at an estimated cost of \$9,880, fully funded by State Mental Health Services Act (MHSA) revenue.
3. Authorize the Director, or his designee, to sign substantially similar Agreements with similar conference sites for catering services for two subsequent annual AI/ANs Mental Health Conferences through Fiscal Year (FY) 2014-15 not to exceed a total amount of \$28,000, for FY 2013-14, \$33,000 for 2014-15, subject to review and approval by County Counsel, and notice to your Board and the Chief Executive Office (CEO).

### **PURPOSE/JUSTIFICATION OF RECOMMENDED ACTION**

Approval of the recommended actions will allow DMH to host and conduct the AI/ANs Mental Health Conference: Weaving Wellness Into Our Spirits, to be held on November 6, 2012, at The California Endowment Center. In support of the mental health system in Los Angeles County, the conference will host workshops that are aligned with the MHSA plans and the DMH's goals of promoting hope, wellness, and recovery.

DMH has not sponsored an AI/ANs Mental Health Conference since 2005. There has been resurgence in the demand for this conference by consumers and providers alike. This conference provides training on strategies for culturally competent, nationally recognized, mental health interventions for AI/ANs in urban settings.

The conference is required at this time to enable DMH to accomplish elements of its State-approved MHSA plan. A major mandate of MHSA is to reach unserved and underserved populations to support their recovery from mental illness through culturally competent services. This conference will raise awareness of how culturally competent interventions and providers are vital for prevention, early intervention, and recovery for the AI/ANs community.

This conference also provides an important opportunity to develop critical partnerships between non-traditional providers and mental health professionals who work with this underserved and unserved community. This conference will also encourage collaboration between providers, consumers and families in order to battle stigma and reduce disparities for AI/ANs consumers.

### **Implementation of Strategic Plan Goals**

The recommended actions support the County's Strategic Plan Goal 1, "Operational Effectiveness," and Goal 3, "Integrated Services Delivery."

### **FISCAL IMPACT/FINANCING**

The FY 2012-13 DMH's Adopted Budget includes sufficient appropriation to fund the estimated total cost of \$23,000 for the conference. The final cost will be determined by the actual number of attendees, which is expected to range up to 300 attendees.

The estimated costs include \$9,900 for food and beverage services, \$5,400 for presenters, \$1,200 for entertainment, \$2,100 for printing, \$1,900 for translation services, \$1,900 for travel services, and \$600 for miscellaneous costs. Funding for future years costs will be requested through DMH's annual budget process.

There is no net County cost impact associated with these actions.

### **FACTS AND PROVISIONS/LEGAL REQUIREMENTS**

The last AI/ANs Mental Health Conference sponsored by DMH was held in 2005 with approximately 600 attendees. The conference is open to mental health professionals and clients with special outreach to AI/ANs consumers countywide, sober living hospitalized patients, and full service partnership clients. In addition, parents and family members of clients and mental health staff will attend the conference to ensure support and recovery.

### **CONTRACTING PROCESS**

A committee, composed of consumers, contract providers, and DMH administrative staff, determined that the California Endowment Center was the preferred location based on availability, size of accommodations, and ease of both auto and public transportation for presenters, volunteers, employees, and participants. DMH solicited quotes from various venues that met selection requirements for the conferences.

DMH will enter into an Agreement with the venue following Board approval. Confirmation, in the form of a deposit, will be made to ensure the reservation of space. Board approval of the recommended actions will enable DMH to execute an Agreement with the California Endowment Center to guarantee space, catering services, and other necessities for the conference and provide DMH with the necessary authority to expend funds in support of the conference.

Approval of the recommended actions will also enable DMH to continue the annual AI/ANs Mental Health conferences in future years, only after review and approval by County Counsel and notification to your Board and CEO.

### **IMPACT ON CURRENT SERVICES (OR PROJECTS)**

The conferences will benefit the mental health system by improving culturally competent mental health services and promoting wellness and recovery.

Respectfully submitted,

A handwritten signature in black ink, appearing to read "Mg Southard", written over a faint rectangular grid background.

MARVIN J. SOUTHARD, D.S.W.

Director of Mental Health

MJS:MM:DM:RK:gt

c: Chief Executive Officer  
County Counsel  
Chairperson, Mental Health Commission  
Executive Officer, Board of Supervisors